



NEW FOREST RUNNERS

JUNIOR SECTION

INTRODUCTION



On behalf of The New Forest Runners I would like to welcome your child to the club and provide you with some information about our activities. The club provides opportunities for young people between the ages of 10 and 18 to receive coaching and competition in all aspects of running, including cross country and track competitions. All coaching is by qualified coaches who are trained and have been screened for their suitability for working with young people.

The club is striving to provide a high quality and welcoming environment for young participants in the sport. Our club Welfare Officer, Marian Oates, is responsible for ensuring that our child protection policy is implemented, and can be contacted on 01425 278002 should you have any concerns.

We welcome parents to all training and competitions and value your support. We are keen to try and involve parents in the club and would like to invite you to an weekly training session where you can meet club members and find out more about the club. We meet three times each week in the New Forest or at the New Milton base.

Date	Place	Time
Tue	Wilverley Car Park (Summer) Fawcett's Field (Winter)	19:00
Thursday	Fawcett's Field	19:00
Sunday	Wilverley Car Park	10:00

Arrangements should be made for your child to travel to and from training sessions and races. We appreciate it if children can arrive promptly and are collected promptly at the end of the session, if they are not making their own way home. If you are going to be late picking your child up, please contact the Junior Coach and let them know.

There is no formal club training kit, but a tee shirt, shorts and good quality running shoes are required, with warm track suit on cold days. A bottle of water should also be provided.

The club has a small membership fee of £5 which includes all training and race insurance and shall be paid at the start of each year.

We would be grateful if you could read the enclosed documentation and complete the club membership, parental consent and photography consent form. For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant, should your child fall ill or be involved in an accident while at the club.

If you would like to talk to someone at the club about this information or your child's involvement with the club, please contact the Junior Head Coach.

We thank you for your cooperation and look forward to meeting you at some point in the future.

Yours sincerely,

Steve Morton



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Junior Section Head Coach